



## Extra support that improves your Medicaid patients' lives

Your Medicaid patients with serious mental health and substance abuse issues often need extra support in improving their lives, not just their health. If your patient is eligible, they may be enrolled in a Health and Recovery Plan (HARP) and be receiving home and community-based services (HCBS).

Hudson Valley Care partners with MCOs and HCBS programs to decrease risk and improve outcomes for your patients in their communities – where they live and work.

### **What is HARP?**

HARP stands for Health and Recovery Plan. It is a type of insurance plan provided by your patient's managed care organization. With HARP, members can get help with their recovery and receive supplemental services from a network of community-based services.

### **What is HCBS?**

If your patient is enrolled in HARP, they are eligible for HCBS: Home and Community Based Services. HCBS helps members with mental health and/or addiction challenges achieve their short- and long-term recovery goals.

## Home and Community-Based Services

Adult members can choose from an array of free services delivered in their home or community:

- Housing and independent living
  - Residential support
  - Community Psychiatric Support and Treatment (CPST)
  - Psychosocial rehabilitation
- Crisis prevention or management
  - Short-term crisis respite
  - Intensive crisis respite
- Family support and training
- Education and employment
  - Education support services
  - Pre-vocational services
  - Transitional employment
  - Intensive supported employment
  - Ongoing supported employment
- Empowerment services/peer support

## Who we are

Hudson Valley Care is a coalition of 23 care management agencies serving six counties. We work together to support our members by providing comprehensive care coordination services for your Medicaid patients with two or more chronic conditions, HIV/AIDS, and/or serious mental illness.

## Freeing you to treat your patient

With Hudson Valley Care, you can concentrate on conducting physicals, running tests, and actually treating your patient. Our care managers engage with each member to provide additional support, such as securing transportation, managing their appointments, helping them get their Medicaid recertified, educating them on the importance of taking their medication as prescribed by their doctor, and connecting them to social services such as housing, food stamps and other benefits.

Our services are reimbursed by Medicaid and managed care organizations. There is no cost to referring providers or to our members.

## Contact Us

Contact Brianna Rodriguez at [brrodriguez@hvcare.net](mailto:brrodriguez@hvcare.net) or 1-800-768-5080 to find out more about Hudson Valley Care Health Home services or to make a referral.

## Edgar's story

*Hudson Valley Care began working with Edgar when he was homeless and unwelcome at shelters because of his medical and mental health conditions.*

*After being connected to Hudson Valley Care, a care manager, with the assistance of a legal service professional, went to work on Edgar's behalf to verify his disability status.*

*Once his disability status was confirmed, the care manager was then able to get him admitted into a shelter that accommodated his needs. She arranged for appropriate medical services, and helped Edgar re-apply for Social Security Disability Insurance.*

*With Hudson Valley Care's help, Edgar is now stable and is concentrating on improving his health one day at a time.*

## Referrals

If you think you have an eligible patient, securely send a referral form to [brrodriguez@hvcare.net](mailto:brrodriguez@hvcare.net) or fax to 914-488-6707



2 Church Street, Suite 208  
Ossining, New York 10562  
1-800-768-5080  
[hudsonvalleycare.org](http://hudsonvalleycare.org)