



Your doctor has recommended you enroll in a Health Home program. You can benefit from this program because of your healthcare and social support needs.

When you enroll in a Health Home program, we will connect you to services and resources that will help you improve your health and your life.

With the Health Home program, you will have a care manager who will team up with your doctors, specialists, and other providers to deliver helpful and timesaving care coordination. Your care manager will make it easier for you to stay healthy and avoid emergencies.

Your Health Home services can be provided to you in your community, or even in your home.

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1-800-768-5080
hudsonvalleycare.org



Is a Health Home program right for you?



How your Health Home program works

Got questions?

We coordinate your care by working with you to create a customized care plan that will help you manage your life. We will assign you a care manager who will coordinate all your services.

Your care manager can help with:

- Connecting to health care services
- Getting mental health and substance abuse services
- Making and reminding you of your appointments
- Arranging transportation
- Assisting you in managing your medications
- Keeping your treatment on track
- Stress and crisis recovery
- Health insurance
- Housing
- Food
- Employment and training
- Education
- Family and caregiver support
- Legal aid

Your care manager speaks your language and is familiar with your community. There is no charge to participate in this program. It is completely free.

If you enroll, and then feel that you do not need the Health Home program, you are free to leave.

Q: What is a care manager?

A: A care manager is a healthcare professional who helps you get access to healthcare services and specialists (including substance abuse and mental health) and other kinds of social supports such as food pantries and transportation.

Q: Why is my doctor recommending the Health Home program?

A: This program is recommended because of your health care needs. Your care manager can help connect you to services and get care that will help you get healthier. Over time, if you feel that you do not need Health Home services, you can always leave the program.

Q: Is there a charge for participating in the Health Home program?

A: No, there is no fee for this service.

Q: Will I have to transfer to a new doctor? Will this program limit the doctors that I can visit?

A: No, you can continue to see your current doctor. You can get services from any provider that is a part of the Medicaid program.

Q: Am I required to enroll?

A: No, but it is strongly recommended. Your Health Home program will help you with all of your health-related needs.



Connect with Hudson Valley Care

Call 1-800-768-5080

Or ask your doctor to send a referral form on your behalf. We'll take it from there!